



Travel Smart to Lisbon

For foodies with a curious taste
& a cultural soul

GAT ROOMS

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Ice cream parlours

Many makers of traditional Italian ice cream have fallen in love with Lisbon, which explains the incredible variety of first-rate Italian ice cream parlours in the city. Here we introduce a selection of the best-known or least crowded parlours, which are your ticket to discovering refreshing new delicacies during your adventures in the capital and trying mouth-watering flavours that will have you hooked!

Mú Ice creams

is runned by Marco, who is the third generation of Italian pastry chefs in his family. He is revolutionising the ice cream scene in Lisbon with more than 50 lactose and gluten-free flavours.





Ice cream parlours



Gelateria A Veneziana

was one of the first Italian gelaterie to open in Lisbon. It is just a minute's walk from Hotel Gat Rossio. An ideal place to kick back and savour a creamy, delicious ice cream.

Praça dos Restauradores 8
(Rossio)



Gelatto Davvero

is a classic Italian ice cream parlour, although they use fresh Portuguese ingredients and offer more innovative flavours such as salted caramel, carrot or walnut and ricotta.

Rua São Cristóvão 14
(Mouraria)



Nannarella

stands out for its exquisite flavours and ingredients, which include pistachios and almonds brought in from Italy and other local products such as Oporto (port) and Ginja de Óbidos (sour cherry liqueur).

Rua Nova da Piedade 64A
(Barrio Alto)



Santini

opened in 1949 and is one of the most popular parlours in the city. Some of its ice creams are ranked among the best in the world. World-famous Catalan chef Jordi Roca is a huge fan, and recommends trying the fruit sorbets.

R. do Carmo 88
(Baixa)



La Fabbrica

If you go to the Arco do Cego garden, don't forget to stop by La Fabbrica for a round of ice cream! For those who remember the old ice cream factory on Avenida de Berna, you can visit this ice cream shop as a tribute.

We suggest trying the interesting spaghetti ice cream!

Rua Dona Filipa de Vilhena 14A
(Saldanha)



Amorino

Indulge yourself with pure artisanal Italian gelato with the best and most natural ingredients. For any cone size, get as many flavors as you like, shaped as a flower. When it's more chilly, warm yourself with hot chocolates and other hot drinks, crepes and waffles. Enjoy inside on the sofas, or outside on the terrace.

Rua Augusta 209
(Baixa)



Fado

Fado is a Portuguese musical genre, originating in Lisbon, characterized by a melancholic voice accompanying the Portuguese guitar.

Here we will introduce you to the best Lisbon Fado music in a selection of three venues. To make the evening a truly traditional experience, head to these “Fado houses” for dinner and order a quintessentially Portuguese dish such as “Caldo Verde”, cod, or “Cabidela rice”.

Parreirinha de Alfama

Tuesday to Sunday
from 20:00 h. to 1:00 h.

Beco do Espírito Santo 1
(Alfama)



Fado



Mesa de Frades

Monday to Saturday from 20:30 h. to 2:00 h.
Rua dos Remédios, 139 (Alfama)

Tasca do Jaime

Rua de São Pedro, 40 (Alfama)
Tuesday to Sunday from 19:00 h. to 23:00 h.

Rua da Graça, 91 (Graça)
Saturday, Sunday and Bank Holidays
from 16:00 h. – 20:00 h.



Markets

Markets are a great place to see the real, everyday Lisbon and get a feel of local life. There are numerous markets scattered throughout the city: street markets, some that sell local organic produce and others that offer the best fish and oysters on the Atlantic coast, without forgetting the flea markets that specialise in second-hand items or antiques.

Our selection of top Lisbon markets includes something for everyone and an option for every day of the week.

Mercado da Ribeira (Tuesday & Saturday)

From 10:00 h. to 24:00 h.

Avenida 24 de Julho 1200-479
in the Cais do Sodré district.

The restaurant serves the
freshest fish in the city.



Markets



Feira da Ladra

Tuesdays and Saturdays from 9:00 h. to 18:00 h. aprox. It's better to go in the morning.

Campo de Santa Clara in the Alfama district

Have a good rummage around to find amazing antiques and second-hand or vintage clothing!



Mercado biológico do Príncipe Real (Organic farmers' market)

Saturdays from 9:00 h. to 14:00 h.

Jardim França Borges park (aka Jardim do Príncipe Real)

Look out for the breads made with different types of flour, simply delicious!



Mercado de Campo de Ourique

Fridays from 10:00 h. to 23:00 h. or 10:00 h. to 1:00 h. depending on the day.

Rua Coelho da Rocha

Do not miss the oysters!



LX Market

Sundays from 10:00 h. to 18:00 h. (winter)
Sundays from 11:00 h. to 20:00 h. (summer).

Rua Rodrigues de Faria (at the LX Factory)

Grab yourself one of the local hand-crafted products as a souvenir.



After work drinks

We know that every day on a business trip counts for two days' work at home, which is why you will probably feel like winding down with a relaxing drink at the end of the day to help you recharge your batteries for whatever tomorrow may bring.

As you don't have the time to enjoy a gentle wander around Lisbon, we have selected five rooftop bars that we are convinced will quickly help you to start feeling human again as you admire the best views over the city and at least get a panoramic idea of its charms.

Topo

It's hard to know what this place's most striking selling point is: the views of Castelo de São Jorge and the Elevador de Santa Justa (Santa Justa lift), their delicious petiscos (tapas) or the sunset... enjoy them all at once!

Largo do Carmo
(Chiado)



After work drinks



Sky Bar

This cocktail bar near Avenida metro station plays great music and sweeping views over the river, the Castelo de São Jorge and the city centre.

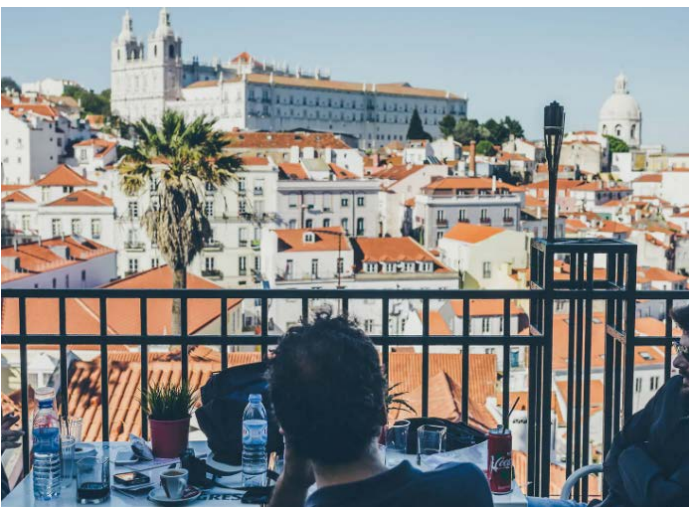
Av. da Liberdade 185 (Príncipe Real)



Memmo Alfama

Discover the delights of the Alfama district from way up above! Sink into the eye-catching red chairs or lounge beside the matching pool!

Tv. das Merceeiras 27 (Alfama)



Bar terraço Santa Luzia

Here you'll feel as though you are taking a stroll over the rooftops of Lisbon. It is nestled away in a corner of a park beside the Portas do Sol lookout point but never gets as busy!

R. Norberto de Araújo 18A (Alfama)



Park Rooftop

Opposite the 25 de Abril bridge in the Bairro Alto neighbourhood is this bar in a rooftop garden on the sixth floor of a car park. A DJ provides the soundtrack to the spectacular views.

Calçada do Combro 58 (Barrio Alto)



Eat Lisbon

Just like the city itself, Lisbon's food scene is varied and exciting – and you can go from knocking back ginjinha (cherry liqueur) with locals to sipping wine at a tasting menu within the space of 24 hours. Whatever you're looking for, these are the Lisbon restaurants we have personally tried and tested, and would recommend to anyone visiting the city (in no particular order).

Ponto Final

Charming place on the banks of the Tagus. Excellent cod, good wine, and an excellent atmosphere. Reservations are essential to get a table.

R. do Ginjal 72
(Almada)



Eat Lisbon



Petiscaria Ideal

The perfect place to enjoy a local atmosphere and traditional dishes with an exquisite culinary touch. On the summer days, enjoy the freshness of the terrace or the comfort of the air-conditioned dining rooms.

Rua da Esperança 100 (Madragoa)



Pinóquio Restaurant

Pinóquio is more than a restaurant: it's a meeting point for locals and travelers seeking to taste Lisbon. Famous for its lively atmosphere and terrace, its menu features the finest seafood, rice dishes, and Portuguese recipes.

Praça dos Restauradores 79-80 (Rossio)



Food Temple

The Food Temple transforms eating into a pleasurable experience that is bursting with colours and flavours – even more so if you make your meal a picnic on the stairs in the square outside during the warmer weather.

Beco do Jasmim 18 (Mouraria)



A Farmácia Restaurant

Its vintage decor, with pharmacy utensils, is the perfect backdrop for a menu of modern petiscos to share and signature cocktails. With a terrace and river views, it's the ideal spot to savor Lisbon in a lively atmosphere.

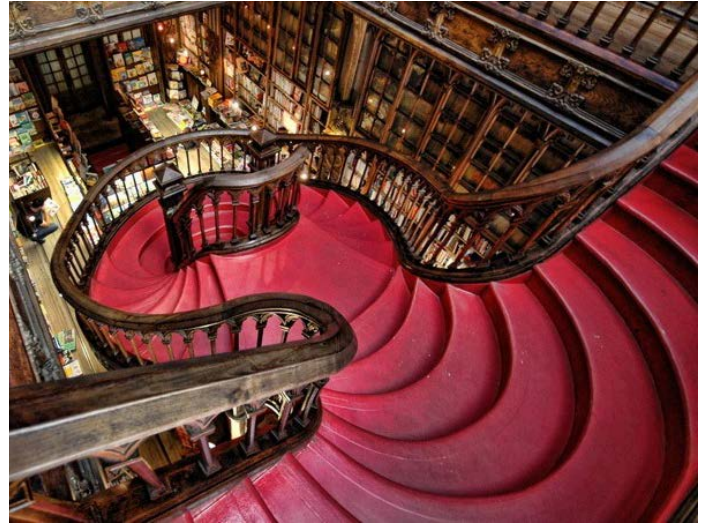
R. de Santa Catarina 1-4 (Santa Catarina)

Bookshops



Livraria Ferin

This 19th-century livraria is also in Chiado. An old-style establishment ideal for taking refuge from the bustling local streets. Select a book and enjoy a coffee in what used to be a crypt on the ground floor.



Livraria Bertrand

Located on Rua Garrett in the Chiado district. Opened its first doors in 1732 and is renowned for being the oldest bookshop in the country. Its shelves have witnessed great discussions on politics and literature between intellectuals.



Livraria de Simão

Nestled at the foot of the Escadinhas de São Cristóvão (steps to Saint Christopher) in the traditional Mouraria neighbourhood, is a bookshop the size of a shoe cupboard. This bibliophile heaven is a hole in the wall and is named after the bookseller, who you will inevitably bump into during your visit.



Rua do Alecrim

Rua do Alecrim, in the Chiado district, is home to the Campos Trindade and João Trindade second-hand bookshops, which battle to safeguard relics of Portuguese literature against being lost or forgotten. Stepping through the door is like a journey back in time.



A Lisbon cat

Gat Rossio is located in the heart of Lisbon, in the beautiful and peaceful Rua do Jardim do Regedor, in the area of “Bairro da Baixa”. It is up to you where you decide to go from here! As you might have noticed by reading our recommendations, there is much to do in Lisbon.

In our hotel we are curious by nature and good connoisseurs of the city; thus, if you ever need more tips for travelling around, you know whom to ask! Moreover, we hold our own art exhibitions, becoming, therefore, part of the city’s vibrant cultural offer. Ask our team about what’s going on at Gat Rossio! We stand for friendship and our team is always willing to make you feel like a member of the Gat family.

Green is our favourite colour, it plays a key role in our design, representing our concern for sustainability, which along with our love for design, value consciousness and a great location in the city centre, are the values we rely on to deliver what you expect from us, we want you to sleep smart!

Our cultural paw is shaking

If you are an adventurous and curious cat, and you are willing to discover the most vibrant and enjoyable part of Lisbon, find out the best plans a cat can offer you in its own city! We suggest an infinite number of activities, for all kinds of travellers, ages and tastes, to get lost in Lisbon at your own pace.

Check out our blog regularly at whereis.gatrooms.com, and follow us on [Instagram](#) or like us on [Facebook](#) (@gatrooms), to get the scoop on the city’s latest news.



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Have fun!

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